



## Press Release

DDPM recommends winter travel tips

December 2, 2010

During winter season visitors often travel to mountain top for camping and natural absorbing. Thus, Department of Disaster Prevention and Mitigation (DDPM) would like to provide travel tips in winter as the followings;

### Driving up and down the hill

In case of a manual, it is advise to use proper speed according to slope and curve of the mountain and strict with the traffic rules. It is best to use the first and second gear only. Due to the high engine's power, it is recommend to make gear shift whenever it might lose power. Do not stay put in the same gear until it lose power.

For automatic car, use the second gear while going uphill or downhill and the alternatives with using gear D for normal road. Don't drive with high speed, it is better to use lower speed at the curve. When the driver passes the curve, he/she must stab an accelerator for easily control. Be careful a car in the opposite direction and don't suddenly press brake or stop car because it will lose control and sliding. Be caution while driving passes dense fog due to the slippery road and poor visibility condition. Turn on fog light, drive slowly, do not overtake and change changes in the hill suddenly. More importantly, do not shift to gear N while driving down the hill, because it does not have control engine and retard power. In case of emergency, the driver could not stop and may cause accident.

### Campsite Organizing

Build the tents only in the permission areas, do not light up the camping stove, candle or smoke in the tents because the canvas tent could easily to catch up with fire. While campers sleep, do not light up the lectern because it will produce carbon dioxide to destroy the respiratory system until campers die. Please be always sure that the tent is well ventilated and use flashlight for safety.

### Fire lighting

Do not ignite fire near tent and throw the cigarette on the ground or dried grass. If it is necessary to light fire, it should prepare water container especially during the dry weather and strong wind, fire will spread rapidly. Verify fire is already suppressed for forest fire prevention.

### Photo Taking



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Be careful while taking photo near the cliffs because the moisture during winter can cause slippery especially the dense bushes to be injured or died.

It is recommend that tourists do not drink alcohol to suppress cold because it will speed up our bodies to lose more heat. Moreover, alcohol will directly affect brains and it action on the central area. It will cause sleepy and fainted. Therefore, tourists have to avoid sleep outdoor without warm clothes especially drunken which will cause them to death from cold weather. Besides, it will reduce cardiovascular system and the artery will shrink, loss of oxygen and increase pulse rate until shocking to death.

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